

TRACEY STEVENS

The Healing Point



Are you meant to be there?

A unique and exclusive retreat exploring the healing power of *your* illness.

Hosted by Tracey Stevens

In collaboration with *Melanie* of MTRS & *Florence* of Your Path

Root Cause daily workshops to assist you on *your* personal healing journey led by Tracey

Accompanied and supported by:

Morning meditations. Restorative yoga. Fire ceremonies and women circles. Reiki treatments. Mindful walks in the charming British countryside and plenty of time for you to rest, reflect and nourish yourself in the beautiful surroundings.



We have invited our very own chef who will cook the most delicious and nutritious, vegetarian food*. You won't have to lift a finger!

*Dietary needs happily be catered for.

Dates:

Arriving on Monday 8th January and leaving on Thursday 11th January 2024

Location:

The Quaives, Canterbury, Kent, England

A beautiful venue in the heart of the British countryside. Charming. Cosy. Immersed in nature. Perfect for true nourishment of the body, mind and soul.

Nearest Train station: Canterbury West and Canterbury East (links to London Kings Cross St Pancras)

Nearest International Airports: London Gatwick (1h10min) and London Heathrow (1h50min)

Prices:

The price includes all of the above and vary from £1900 (shared twin room) and £2400 (single occupancy) per person

Please complete the online form to register your interest in this once in a lifetime retreat. The number of guests is limited to 11. Once you complete the form, Melanie or Florence will be in touch to answer any questions you may have and secure your booking with a non-refundable deposit of £300. You may wish to pay the whole balance at time of booking. Payment plans are available. Full balance must be paid by December 15th 2023.

Register your interest here:

[Your Path | Subscribe | Meditation, Mindful Workshops, Coaching | England](https://yourpath.com/subscribe/meditation-mindful-workshops-coaching-england)
([toyourpath.com](https://yourpath.com)).

We cannot wait to welcome you this winter for this incredible retreat. Let it be the start of a brand New Year to re-discover the whole of you!

See you there!

Tracey, Melanie & Florence x

